




100 Things
Kids Can Do Indoors
Without a Screen



Read a book. Write a book (or anything). Build a blanket fort. Learn to play a musical instrument. Organize your sock drawer (or any drawer). Follow a recipe. Make your own recipe. Do jumping jacks. Or somersaults (or anything else active). Listen to music. Help mom fold laundry. Ask mom if there is a paid chore you might do. Look at old family photo albums. Draw a picture. Paint a picture. Take a bath. Dress up in something silly. Purge your closet. Write a letter. Read an old letter. Fold your mom's table linens (or anything else she doesn't get to very often.) Play with your pet. Create an imaginary pet. Call an old friend. Call your grandparents. Decorate a window with window art. Create a time capsule. Learn to sew. Or knit. Read poetry. Write poetry. Bake a cake. Cut veggies to snack on later. Play cards. Play board games. Have a tea party. Set up dominoes for a great fall. Create a Rube Goldberg machine (or other series of cause/effect contraptions). Go through Mom's pantry and remove outdated things for her to check. Play with an imaginary friend. Write in a diary. Pray for your friends. Pray for your family. Pray for people you don't know. Copy Scripture on cards to memorize. Listen to audio drama. Play restaurant and take orders from your family. Design your own (imaginary) restaurant – the menu, décor etc. Draw the design for your dream home (or boat, or car...). Rearrange your room. Make a collage. Write thank-you cards to people who you appreciate. Study a globe. Dream about traveling somewhere across the globe. Count the change in a change jar. Do something different with your hair (or a family members). Write letters to missionaries or military workers. Organize your mom's spice drawer/rack (or pantry or anything else she could use help with). Take a nap. Brush your dog. Make a fort for your dog or cat. Organize the Tupperware cupboard/drawer. Look through an encyclopedia or other fact book. Read a joke book. Write some jokes. Brainstorm inventions to solve your parents' greatest home frustration. Brainstorm ways to solve world problems. Plan a summer vacation. Give your parents a back rub (foot rub -- you name it, they'll appreciate it). Count random objects in your house (windows, doors...). Stretch. Recreate old family photos from your childhood and laugh. Dance. Practice giving an important (or funny) speech in the mirror. Plan your dream wedding (or adventure trip). Start a gratitude journal (or list). Play with a sibling. Create word scrambles for someone to solve. Do a science experiment. Read a favorite Bible story then practice telling it by memory. Write your own faith story and practice telling it. Color-categorize your closet or bookshelf. Reminisce about your favorite holiday or fun day and write it down to remember. Send a fun memory to someone in the mail. Make a paper airplane. Work on a calendar for the next month or year. Work on a puzzle. Draw a picture on card stock and cut it out to make your own puzzle. Read a recipe book and mark things you'd like to try. Make a meal plan for the next week. Girls: paint your nails, or braid you hair//Boys: trim your nails, give your hair a new look. Make funny faces in the mirror. Practice head stands/hand stands. Blend smoothies and name them creatively. Make a camp for your stuffed animals. Wash windows. Wash your dog. Set goals - short and long-term. Watch out your living room window and look for things you've never noticed. Measure yourself/your siblings and record it somewhere. OK, now go back to the beginning and start again!! :)